

# Winter Car Emergency Kit Checklist

Stay safe and prepared for any unexpected situations during Canadian winters with this comprehensive emergency kit checklist. Keep these items in your car to ensure safety, warmth, and readiness during harsh weather conditions.

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## Emergency Equipment

- ✓ Jumper Cables
  - ✓ Ice Scraper and Snow Brush
  - ✓ Collapsible Shovel
  - ✓ Traction Aids (*e.g., sand, cat litter, or traction mats*)
  - ✓ Tire Chains (*if permitted in your area*)
  - ✓ Flashlight (*with extra batteries*)
  - ✓ Reflective Warning Triangles or Road Flares
  - ✓ Multi-tool or Swiss Army Knife
  - ✓ Portable Air Compressor/Tire Inflator
  - ✓ Windshield De-Icer Spray
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## Warmth and Comfort

- 🔥 Thermal Blanket or Sleeping Bag
  - 🔥 Hand Warmers and Foot Warmers
  - 🔥 Extra Winter Clothing (*gloves, hats, socks*)
  - 🔥 Waterproof Boots (*optional but helpful*)
  - 🔥 Heat Packs or Heated Seat Covers (*optional*)
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## Food and Water

-  **Non-Perishable Snacks** (e.g., protein bars, trail mix)
  -  **Bottled Water** (insulated to prevent freezing)
  -  **Collapsible Cup or Thermos**
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## First Aid and Personal Care

-  **Fully Stocked First-Aid Kit**
  -  **Medications** (e.g., prescriptions, pain relievers)
  -  **Tissues or Baby Wipes**
  -  **Emergency Contact List** (in case your phone dies)
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## Vehicle Essentials

-  **Spare Tire, Jack, and Lug Wrench**
  -  **Windshield Washer Fluid** (winter formula)
  -  **Antifreeze and Coolant**
  -  **Fuel Stabilizer** (if driving in extreme cold)
  -  **Tow Strap or Rope**
  -  **Owner's Manual**
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## Technology and Communication

-  **Fully Charged Power Bank**
  -  **Phone Charger** (car adapter)
  -  **Emergency Radio** (battery-powered or hand-crank)
  -  **GPS Device or Printed Maps** (in case of no cell service)
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**Pro Tip:** Store all these items in a sturdy, waterproof container or organizer in your car trunk. This keeps your supplies accessible and protected from damage.

Credit: [TrueCanadianFinds.com](https://www.TrueCanadianFinds.com)